LIMITED SEATS ONLY AURRY UP

Certificate Course for Nurses

Advance and End of Life Palliative Care

10th -11th January 2025

Organized by:

Department of Palliative Care, Nursing Service & School of Nursing Baptist Christian Hospital, Mission Chariali, Tezpur, Assam.



8 CNE credit points will be awarded from the Assam Nurses Midwives and Health Visitors Council.

Last date for registration: 4th January 2025

Dear Friends,

Warm greetings from Baptist Christian Hospital, Tezpur. We are delighted to invite you to a Certificate Course on Advanced and End-of-Life Palliative Care for Nurses, designed to empower nursing professionals with the knowledge and skills necessary to provide compassionate, high-quality care to patients at the most critical stages of life.

About Baptist Christian Hospital:

The Baptist Christian Hospital, Tezpur, is a 130-bedded charitable hospital located in the Sonitpur district of Assam. Established in 1954, it is registered as a society under the Society Registration Act of India, 1860. The hospital is renowned for its commitment to providing holistic, compassionate, and quality care to all patients, especially those from marginalized communities.

About the Course:

The Certificate Course on Advanced and End-of-Life Palliative Care for Nurses aims to equip nurses with specialized knowledge and practical skills to care for patients with life-limiting illnesses and their families. This course is designed to address the complexities of palliative care and enhance the quality of care provided during advanced and end-of-life stages.

Objectives:

- To enhance nurses' knowledge and skills in palliative care, focusing on pain and symptom management.
- To improve communication skills for sensitive discussions with patients and families regarding prognosis and end-of-life care.
- To foster a multidisciplinary approach in providing holistic care for terminally ill patients.
- To build competency in addressing psychosocial and spiritual needs of patients and families during the end-of-life journey.

Who Can Attend This Course:

- Nursing Teaching Faculty.
- Staff Nurses working in any clinical settings.
- Nursing Students (UG and PG).

| Course Schedule: | | | |
|--------------------|------------------------------------|----------------|--|
| S.No. | Торіс | Time | Resource Persons |
| Day-1 (10/01/25) | | | |
| 1. | Registration | 8:30- 9:00AM | |
| 2. | Inauguration & Welcome | 9:00- 9:30 AM | |
| 3. | Administration of Pre-Test | 9:30- 10:00 AM | |
| 4. | Issues in Advanced Palliative Care | 10:00-11:00AM | Dr. Jayita Deodhar / Dr. Sumit Surendran |
| | | TEA BREAK | |
| SYMPTOM MANAGEMENT | | | |
| 5. | Pain | 11:15-12:00 PM | Dr. Jayita Deodhar / Dr. Sumit Surendran |
| 6. | Fatigue / Anorexia | 12:00-12:45 PM | Dr. Jayita Deodhar / Dr. Sumit Surendran |
| 7. | Nausea & Vomiting | 12:45-1:30 PM | Dr. Jayita Deodhar / Dr. Sumit Surendran |
| | | LUNCH BREAK | |
| 8. | Communication Skills | 2:00- 3:00 PM | Dr. KV Ganpathy |
| | | NURSING SKILLS | |
| 9. | Tracheostomy Care | 3:00-3:30 PM | Nursing Faculty from TMH, Mumbai |
| 10. | Lymphedema Management | 3:30-4:00 PM | Nursing Faculty from TMH, Mumbai |
| 11. | Colostomy Care | 4:00-4:30 PM | Nursing Faculty from TMH, Mumbai |
| 12. | Care of PICC line | 4:30- 5:00 PM | Nursing Faculty from TMH, Mumbai |
| Day-2 (11/01/25) | | | |
| SYMPTOM MANAGEMENT | | | |
| 1. | Constipation & Diarrhoea | 9:00-10:00 AM | Dr. Jayita Deodhar / Dr. Sumit Surendran |
| 2. | Breathlessness | 10:00-11:00AM | Dr. Jayita Deodhar / Dr. Sumit Surendran |
| | | TEA BREAK | |
| 3. | Delirium | 11:15-12:15 PM | Dr. Jayita Deodhar / Dr. Sumit Surendran |
| 4. | Psychosocial Issues in Advanced | 12:15- 1:15 PM | Dr. KV Ganpathy |
| | Cancer & End-of-Life Care | | |
| | | LUNCH BREAK | |
| 5. | Self-care, Burnout & Compassion | 2:00-3:00 PM | Dr. KV Ganpathy |
| | Fatigue | | |
| 6. | Pressure Sore & Its Management | 3:00- 4:00 PM | Mr. Anant Layall & Mrs. N. Kipgen |
| 7. | Post-Test & Valedictory Session | 4:00-5:00 PM | |

About the Resource Persons:

Dr. Jayita Deodhar:

Current Position:

• Professor & Head, Department of Palliative Care& Psycho Oncology, Tata Memorial Hospital, Mumbai

Expertise & Contributions:

- Member of the Expert Working Group, National Programme for Palliative Care (NPPC)
- Member of the INDIA Advisory Group, ASCO
- Chair, LMIC Special Interest Group (SIG) & Co-chair, Fundraising Committee
- Former Board of Directors, International Psycho-Oncology Society
- Member, Central Council, Indian Association of Palliative Care (IAPC)

Editorial Roles:

- Associate Editor, Journal of Psychosocial Oncology Research & Practice (JPORP)
- Editorial Board Member, Psycho-Oncology

Dr. Sumit Surendran:

Current Position:

• Doctor In-Charge, Home-Based Palliative Care Services, Tata Memorial Hospital, Mumbai

Certifications & Achievements:

- Certified ASCO Palliative Care e-Course (APCeC)
- Runner-Up, Bruce Davis Gold Medal Examination 2022

Areas of Interest:

- Prognostication in Advanced Cancers
- Advanced End-of-Life Care

Professional Memberships:

• Member, American Society of Clinical Oncology (ASCO)

Dr. K. V. Ganpathy:

Current Roles:

- Volunteer, Department of Palliative Medicine, Tata Memorial Hospital, Mumbai
- Clinical Psychologist & CEO of JASCAP (Jagriti and Support for Cancer Awareness and Prevention), an NGO associated with Tata Memorial Hospital, Mumbai

Contributions:

- Actively involved in psychological care and support for patients and families dealing with advanced illnesses
- Promotes awareness and advocacy in palliative care through JASCAP.







How to Enroll:

Participants who wish to enroll for the course need to follow these steps:

- 1- Fill the Course Form:
- Visit the link: Google Form (<u>Click Here</u>) or Scan this QR Code
- Complete and submit the form.
- 2- Payment:
- Pay a course fee of ₹1000 via bank transfer to the following account:

Account Name: Baptist Christian Hospital

Account Number: 129001000004427

IFSC Code: IOBA0001290

Course fee is inclusive of Lunch, Refreshment and Course Kit for 2 days.

- 3- Share Payment Details:
- Provide the transaction details in the registration form.
- Share a screenshot of the transaction via WhatsApp at 9854337200 or Click Here.
- 4- Contact (for any queries):

Mrs. Mamoni Rabha, Vice Principal, School of Nursing, BCH, Tezpur

Mobile No. <u>9854337200</u>

Email.: principal.son@bchtezpur.org

ACCOMMODATION ASSISTANCE WILL BE PROVIDED UPON REQUEST ON A PAYMENT BASIS.

Organising Team:

Organizing Chairperson:

Dr. Jerine Liankimi

Head of Department, Palliative Care, BCH

Organizing Committee:

Dr. Priyakhi Borkotoky, Mr. John Dhinesh, Mrs. Ruhini Here, Mrs. Mamoni Rabha, Mrs. Rita Pradhan, Mrs. Ngahneichong Kipgen, Mr. Anant Layall, Mr. Anthony Horo, Mrs. Pronita Lagun, Mr. Firoz Kumar, Mrs. Mirnali Deori, Ms. Anita Prabha Dahanga



Organizing Secretary:

Ms. Eba Basumatary Principal, School of Nursing, BCH